

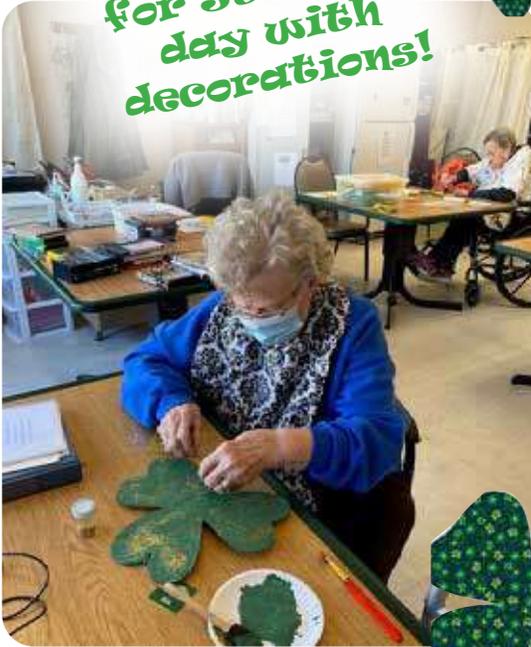
Aase Haugen Senior Services

HERALD

Providing senior living options for everyone



Getting ready for St. Pat's day with decorations!



Pictured above is Pat Pavlovec enjoying an indoor visit with her family. The visiting room has a plexiglass door and a monitor system to make visiting easy. Call the activities department to set up a visit today!
563-382-3603.



- Nabortunet - Luxury 50+ Premiere Neighborhood • Vennehjem - 55+ Exclusive Living Community
- Assisted Living • Respite Care • Dementia Care • Skilled Care/Rehabilitation • Long-term Nursing Care

www.aasehaugen.com • (563)382-3603
Business Office Hours: 8am to 4:30pm M-F

Thank you to the West Side Elementary students!

You brought **so much joy** by sharing your creative snow talents and window visits!



Aase Haugen was pleased to partner with Walgreens to provide Vennehjem and Nabotunet neighborhoods with the Pfizer vaccination in February. Pictured above receiving the vaccine is Bob Lillie, Vennehjem Council president.

Staff Spotlight *Kayla Swade, LPN*



Kayla joined Aase Haugen more than 12 ½ years ago and is a proven leader for our nursing team. She grew up near Protivin, graduated from Cresco Schools and went on to earn her LPN from NICC in Calmar. Her family includes two nieces and she just welcomed her second nephew into the family as well. She says her first job was waitressing for

just \$3.09 per hour!

"I'm really close with my grandmother and I love the elderly," says Kayla. "They are so fun to be around and working in the dementia unit, every day is different – and I like it. Plus I am blessed to work with amazing staff at Aase; we have our challenges, but we get through together." While Kayla spends most of her time caring for people in the dementia unit, she also rotates out to the other neighborhoods in the nursing home as well. "I like to get to know everyone," says Kayla. "This has been a long year, but when I see the smiles on resident's faces when they visit their families through the windows, it just lights up my heart."

Resident Spotlight *James Dougherty*



What would the month of March be without a spotlight on an Irish (or at least somewhat Irish) resident! Meet James Dougherty. James grew up in Waukon, IA, and he and his wife, La-

vonne, raised their five children there as well. James invested 34 years working for 'Ma Bell' while the phone company was bought out by other companies over the years, Jim stayed a faithful employee. Following his retirement from the phone company, he and his wife owned Spook Cave Campground near McGregor, IA. "We ran the campground for 14 years with our daughter," says Jim. "I was the carpenter and plumber and most everything else.

It was a good thing."

James' grandparents were from Ireland and he and Lavonne had the opportunity to travel to the 'home country' along with his brother and a couple of cousins. He said they stayed in castles, enjoyed the Irish food and entertainment and, "the provisions were excellent," says Jim. When asked if he had inherited any of the so-called 'Irish temper,' he replied, "I came close!"

When asked if he liked Irish beer, he shared that on their way home from the trip to Ireland, they stopped between Freeport, IL, and Waukon for a beer. "My friend asked me how much the beer cost and I said I gave them a five-dollar bill and it wasn't enough," James said. "Thing was, I wasn't even crazy about the beer!"

Today, James says he is comfortable at Aase Haugen and that with his therapy, he has been walking more. "The food gets better all the time," says Jim. "And there's enough activities to keep me occupied."

Sláinte! Or cheers to you, our Irish James! We're looking forward to celebrating your 97th birthday with you this November!



A few photos of James while on his trip to Ireland. From left, with a large Irish dog, center enjoying entertainment, and to the right he is pictured with his brother, Don.

A message from our Administrator

Dear Friends, Family and Staff

March is here and let's hope Spring is here too. This season brings increased daylight, warming temperatures and the rebirth of flora and fauna. Daylight savings Time begins Sunday, March 14th, when we spring forward an hour. On St. Patrick's Day, which is March 17th, I am sure Andrea will have something special for the residents to look forward to. We will also be having our annual meeting which, because of the pandemic, we will not be having in- person. However, the church delegates, our pastors, and our Board members will be voting on new and existing Board members. The first day of Spring is March 20th with the vernal equinox.

March also marks a year since the COVID pandemic emerged throughout the world entering our facilities and affecting our personal lives. It has been a particularly challenging time. We found ourselves responsible for the health and safety of our residents, staff, families, and communities in a manner more significant than at any other time in our recent history. It is our dedication and passion that has seen us through. I want to thank all our families for their kindness, understanding and patience in a year that truly was unprecedented. I also want to thank our staff who has stayed with us and who tirelessly care for our residents 24-hours-a-day, 365 days a year. We have some great people. I also want to thank our residents who recognize the efforts that have been made by our staff.

We look forward to our future which is quite bright. We have vaccinated 85% of our staff and 90% of our residents in our nursing facility. We cannot provide vaccinations to our staff members that are 16 years of age and younger, and we cannot mandate staff get vaccinations. We will be working with the IDPH for new staff and new residents who want the vaccinations. 100% of our residents and staff in the Assisted Living received the vaccinations. Our Vennehjem and Naboutunet communities have now received their first round of vaccinations and look forward to their second. We are now waiting for herd immunity and regulation change from the Department of Inspections and Appeals (DIA). However, everyone can do their part and when they are able to be vaccinated, they should get vaccinated to help the cause. We will wait until DIA tells us we can open our doors. Until that time, we will focus on infection control, lots of family visits, and small group activities.

Just as sunflowers turn their heads to catch every sunbeam, we too have discovered a simple way to get more from the sun. Daylight Savings Time gives us the opportunity to enjoy sunny summer evenings by moving

our clocks an hour forward in the Spring. We will observe Daylight Savings Time and 'spring forward' March 14th at 2:00 am by setting our clocks one hour ahead. There are several rationales to implement Daylight Savings Time. People like it as it gives us all longer summer evenings. Some people believe it saves us energy as we are not using lights as much in the evening. It also helps reduce traffic accidents and is safer for trick or treaters.

Daylight Savings Time ends, and time falls back one hour the first Sunday in November. In 2021, Spring begins with the vernal equinox on Saturday, March 20th at 6:37 am CST. The word equinox is derived from the Latin word meaning "equal night". Days and nights are approximately equal everywhere and the sun rises and sets due East and West. At this time of year, the earth 's axis neither points toward nor away from the sun.

Irish and non-Irish celebrate March 17th as St. Patrick's Day in a variety of ways. From the traditional "wearing of the Green" to the more unusual, such as dyeing the Chicago River green in honor of the holiday. St. Patrick is said to have used the shamrocks, a three leafed plant, to explain the Holy Trinity to the pagan Irish the wearing and display of shamrocks have become a feature of the day.

As always, we hope everything is going well for all our residents. Our staff works hard to ensure all of our residents are well cared for, comfortable and as happy as possible. However, if you have a concern please let Diana, Stephanie or myself know about it as soon as possible. We cannot fix something if we do not know about it. Once we know of the concern, we will address it immediately and make every effort to correct it.

Thank You for your continued confidence in Aase Haugen Senior Services. If you are satisfied with our services, please tell a friend.

Happy St. Patrick's Day!

Sincerely,

Orson Bauder, Administrator



Orson Bauder
Aase Haugen Senior
Services Administrator

Our deepest sympathy to the family and friends of Keith Lawrence, who recently passed away.





Valentine's Day was great, and we send a HEARTfelt thank you out to the anonymous donor and The Country Garden Flowers and Gifts for delivering beautiful flowers for all our residents! (Bob has a smile under that mask!) It brought everyone joy and happiness - God bless you!

Check out Aase Haugen's new website!
 You'll find the activity calendar, job postings, news stories and a simple donate button to support our Foundation.
www.aasehaugen.com

WE'RE HIRING LET'S TALK!

HOUSEKEEPER: FT AM shift
 CNA: FT or PT, AM or PM
 CNA WEEKEND PKG: work less, make more
 RN or LPN: Am or PM shift
 Assisted Living Aide: AM shift
 Activity Aide: AM shift

Great benefits, plus we will pay for your CNA course and certification. We offer CNA to RN Scholarships, LPN to RN Scholarships, Health, Life, Dental, 401K, and disability

AASE HAUGEN SENIOR SERVICES

Print application online: www.aasehaugen.com or apply in person at 4 Ohio St., Decorah, IA 52101 563-382-3603
 Aase Haugen is Veteran friendly and EOE

Thank you for these gifts

Gifts given through February 28, 2021

Anonymous2021 Annual Fund Big Screen TV
 Donna Bahr2021 Annual Fund In Memory of Vernon 'Bud' Bahr
 Roderick Bakken
 Howard Bernatz.....2021 Annual Fund In Memory of Wanda Bernatz
 Nancy Bolson.....2021 Annual Fund In Memory of Laura Nerlie
 Melissa Brown2021 Annual Fund
 Keith Bruening.....2021 Annual Fund
 Roger Buhr.....2021 Annual Fund
 Ingrid Callaghan.....2021 Annual Fund
 Calmar Lutheran Church
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 Congregational United Church of Christ
 Craig Cutting2021 Annual Fund
 John Dambek.....2021 Annual Fund
 Decorah Community Schools FFA Chapter
 Tracy Dostal2021 Annual Fund
 Wanita Fischer.....In Memory of Carl Fischer
 Good Shepherd Lutheran Church WELCA
 Dennis Green.....2021 Annual Fund
 Larry Grimstad.....2021 Annual Fund
 Betsy Hadley.....2021 Annual Fund
 Rebecca Hanna2021 Annual Fund In Honor of Aase Haugen Staff
 Arlene Beth Helgeson.....Activites In Memory of Don Johnson
 Alice Hemesath2021 Annual Fund
 Lorraine Hendrickson2021 Annual Fund
 Mary Johnson.....2021 Annual Fund In Memory of Marcella Keefe
 Ruth Kath.....2021 Annual Fund In Memory of My Father
 Kathleen Hawkins.....2021 Annual Fund
 Diane Kruse2021 Annual Fund
 Ray KvammeIn Memory of Alan Hovden
 Cynthia Kvamme.....2021 Annual Fund
 Jim Lage.....2021 Annual Fund
 Rhonda Lawrence.....CCDI Dementia Care In Honor of Keith Lawrence
 Bob Lillie.....2021 Annual Fund
 First United Methodist Church Grant Bequest
 Nancy Meyer2021 Annual Fund In Memory of Kenneth V. Meyer
 Network for GoodHoliday Lights 2020
 Orleans Lutheran Church Women2021 Annual Fund
 Peace Lutheran Church
 Joyce Richert 2021 Annual Fund In Memory of Merlin & Evelyn Hanson
 Heidi Rockweiler
 Kari Rude2021 Annual Fund
 Lois Ruff.....2021 Annual Fund
 Joan Rulon2021 Annual Fund
 Katheryn Russi.....2021 Annual Fund
 Nancy Solomonson.....2021 Annual Fund In Honor of Andrea Hexom
 Clarence Steggal2021 Annual Fund
 Carol Thunberg.....2021 Annual Fund
 Lee VangsnessMusic Fund In Memory of Gary Seegmiller
 Lee VangsnessIn Memory of Alan Hovden
 Lee VangsnessIn Memory of Dennis Frana
 Joann VoltmerIn Memory of Alan Hovden
 Judy Young

As a social ministry of the Evangelical Lutheran Church of America, and governed by 23 local Christian congregations, we thank you for your continued prayers and support.

Visit our Aase Haugen website for a complete listing of Activities planned for March.

[https://www.aasehaugen.com/
activities-special-events](https://www.aasehaugen.com/activities-special-events)

Nabotunet

Decorah's exclusive neighborhood for people age 50+. Designed to help you age in place with amenities to accommodate changes in your needs, such as stepless entryways, wider doorways, lever-style handles, multi-level counters, grab bars in the bathrooms, easy access drawers and cabinets and so much more.

You'll love the beautiful views and peaceful rural living! Plus, you'll have no worries as we maintain the property and give you a great return on your investment. Contact us today to learn more about building your dream home at Nabotunet.

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your home in 2021!**



Aase Haugen
Senior Services

A History of Family

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