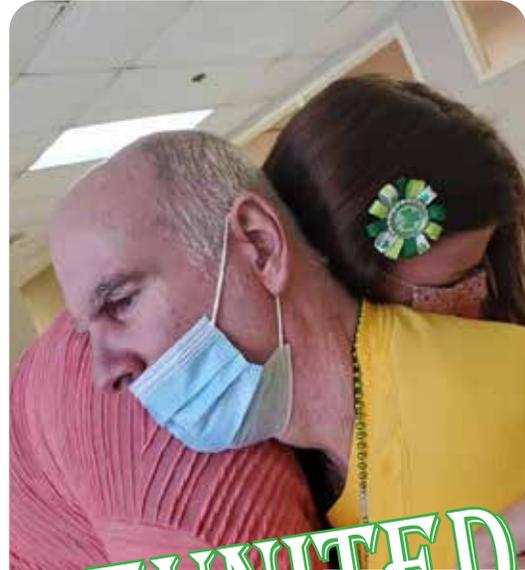


Aase Haugen
Senior Services

HERALD

Providing senior living options for everyone

REUNITED



- Nabotunet - Luxury 50+ Premiere Neighborhood
- Vennehjem - 55+ Exclusive Living Community
- Assisted Living • Respite Care • Dementia Care
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Business Office Hours: 8am to 4:30pm M-F

Senior Spotlight

Lucille Bjerke

According to Lucille Bjerke, it's never too late to embrace your talents and do what makes you happy!

She has been an artist all her life, but it wasn't until she became a grandmother that she found time to embrace her talents. "I came into my own as grandmother, can you believe that!" says Lucille. "Many seniors have interests from their youth which pass them by, but it's never too late to get back to those interests and enjoy them in your senior years."

Lucille (Larson) Bjerke was born and raised in Wisconsin and is a fifth generation, full-blooded Norwegian. She was an only child in a small family which included one uncle. She married Gerald Bjerke, who was a Luther College graduate. The young couple both taught in Black River Falls, WI; Lucille taught English and Art. Together they raised two children, Lee and Kari, and today Lucille enjoys her larger family which includes two granddaughters, a grandson, a step-grandson and a step-granddaughter. "My family is larger now than when I grew up," says Lucille. "But many times friends become family too."

Lucille Bjerke enjoys her free time in Assisted Living at Aase Haugen. "I don't worry about cooking, laundry or cleaning," she says. "So have more time to enjoy painting."



Lucille has transformed her apartment into a home studio and continues to paint. Many of her pieces are available for purchase and several were on display at The Arthaus in Decorah earlier this year.

Gerald and Lucille adopted Lee and Kari through Lutheran Social Services. One of the requirements of the adoption was that the mother would not work outside the home. "I quit my job so we could

homemaking and childrearing skills with two children just twenty-two months apart in age, Lucille never forgot about her love for art. "In 1975 I started a gift shop in Black River Falls," she recalled. "My husband gave me a gift of money and said 'When the money is gone, you're out of business.' Well, I ran that gift shop for 20 years!" During that time in her life, Lucille had a studio in her basement, but seldom found time to dive into her artistic side.

welcome our children into our family," says Lucille. "Times are different today, many mothers work."

Gerald passed away in 2003 and Lucille continued to travel to their home in Arizona, spent time at the lake cottage and at her home in Illinois. "Three homes is a lot for one woman," says Lucille. "But I enjoyed

While practicing her art, Lucille wrote and illustrated the cover of the genealogy book which she painted the same illustration in acrylic and it has become one of her favorite pieces as well.



Lucille's work was recently showcased at Art Haus in Decorah. Pictured at left is one of Lucille's favorite pieces. This painting symbolizes her last name, Bjerke, which translates to birch in Norwegian. Pictured at right is the genealogy book which she wrote and illustrated the cover. Later, she painted the same illustration in acrylic and it has become one of her favorite pieces as well.

them all and I enrolled in adult continuing education and that's when I began to paint again."

In 2016, "I became homeless!" says Lucille with a chuckle. She sold all her properties and moved to Decorah to be near her son and his family. "When I arrived, I came down with pneumonia and ended up in the hospital and then recuperating at Aase Haugen nursing facility. After I recovered, I moved into Aase Haugen assisted living," she said. "It was a shock to go from owning three houses to moving into assisted living, but I'm happy here." She says the services at Aase Haugen Assisted Living really freed up her time to paint. "They cook my meals and do my laundry," she says. "I've got all kinds of time and I really enjoy painting again!"

Lucille's work was recently curated for a show at The Arthaus in Decorah with wall after wall of paintings. "My work is somewhat abstract, but there is always a view of realism that shows through." When asked which painting is her favorite, she replied, "The set that has the birch tree because Bjerke translates to birch in Norwegian – so it's like a double-signed the piece." In addition to painting, Lucille is also a writer, and she's published genealogy book entitled, "Our Norwegian Heritage: From Kvikne, Ringebu, and Jostedal Parishes." She created the illustration on the cover of the book and proceeded to do a painting of the front cover as well.

"I'm proud that one of my 'claims to fame' is being a painting grandmother," laughs Lucille. "We should never stop embracing our talents and reaching for what is interesting to us, no matter our age!"



Staff Spotlight

Colleen Kray, Dietary Specialist



Colleen Kray has been an Aase Haugen dining services specialist for almost three years. She grew up in Spillville and lives there today with her husband and two children. "I like working with residents and co-workers in the dietary department,"

says Colleen. "Our manager, Kacey, lets us explore different recipes and make fun and creative foods that our residents enjoy." In fact, Colleen can be found regularly on our Facebook page presenting fun and tasty foods they serve with love at Aase. "It's a good place to work," says Colleen. "The residents are friendly, and my co-workers are awesome." In addition to working at Aase, Colleen enjoys walking, sewing, quilting and spending time with her family. Thank you for sharing your talent with us at Aase Haugen!



A message from our Administrator

Dear Resident, Families Friends and Staff,

Springtime in Iowa is truly a wonderful time and place to be. The leaves are budding on the trees and newborn baby animals are playing in the fields. Spring is one of the most hopeful times of the year and a perfect season to start fresh and begin again. As the Easter message of hope fills the air, Jesus is victorious over sin and death, which offers each of us the gift of renewal and new life.

New beginnings and hope start with a limited opening of our home. We want everyone to know we have tried to move as quickly as possible to provide greater access to residents for family members.

VISITS

Visits should be the first thing we should talk about. Following state guidance, if residents are vaccinated, they can accept hugs from family members. However, if residents are not vaccinated, we are still requiring social distancing.

We are continuing to have scheduled visits and we have increased the number of visiting rooms and we ask families to schedule their visits through our activities department. We are trying to be accommodating and we are having lots of visits. Please understand timing is important as we are wanting everyone who wants to visit, to be given a chance to visit. We do ask for your cooperation in following our safety guidance. We are having more residents get vaccinated including new admissions and some staff. If the current trend holds 97% of our residents will be vaccinated.

During visits, we require face masks and hand sanitizer and social distancing. We are continuing to check all visitor symptoms and take all visitor temperatures at the beginning and at the end of each visit.

We are looking for volunteers to come back to our home to help us. We require volunteers to have both vaccinations and we do have to do a background check and have emergency education for those interested. We are having our ministry who have also had their vaccinations have access to our residents. Some of our residents have really enjoyed this.

There was actually spring training for baseball and soon the boys of summer will be taking to the field. Like the ball teams we are not sure how this season will go however we are focusing on the things we can do internally to stay safe and attempt to get back to some kind of normal inside our home. At the same time, we are having visits we are also starting to do more opening up inside our home. We have started back our Let's Get

Moving program. It never really went away, because we still broadcast our Let's Get Moving to all rooms via our television channel every morning. However, we have begun having two ten sized resident groups back out in our chapel and dining room for exercise. I know everyone has masks, but I also know there are smiles behind them. We are currently refiguring how we can have more residents out to dining safely. Small group activities is where we want to go. Bingo, Church and Happy Hour to name a few.

I have recently appointed some new officers to our home. Brianna Everts our social worker has become our new Grievance Officer. Grievance forms are located next to the State book in the front of our home under the blue charger. Brianna is also our new HIPAA Officer. Lastly Rose Beardmore is our new Compliance Officer; she is our Office Manager and well situated to look for Medicaid and Medicare fraud.

As always, we hope everything is going well for all our residents. Our staff works hard to ensure all of our residents are well cared for, comfortable and as happy as possible. However, if you have a concern please let Brianna, Stephanie, Diana or me know about it as soon as possible. We cannot fix something if we do not know about it. Once we know of the concern, we will address it immediately and make every effort to correct it.

Thank you for your continued confidence in Aase Haugen Senior Services. If you are satisfied with our services, please tell a friend.

Happy Easter! Sincerely,

Orson Bauder
Administrator



Orson Bauder
Aase Haugen Senior
Services Administrator

Our deepest sympathy to the family and friends of Robert Rosholt and Lois Flage, who recently passed away.





Thank you
for these gifts

Gifts given March 1 through March 31, 2021

- America Legion Auxiliary..... Activities
- Lyle Barth..... Annual Fund In Memory of Myrtle Barth
- Barbara Barth Annual Fund In Memory of Alton Barth
- Vi Bohr..... Annual Fund In Memory of Vernon Spilde
- Dianne Borowski..... Annual Fund In Memory of Helen I. Olson and in Honor of Grace Peterson
- Northeastern Iowa Synod - ELCA Grant
- Elaine Fretheim In Memory of Carlton Kittelson
- Bonnie Gilbert Annual Fund
- Hesper Lutheran Church .. Annual Fund
- Highland Lutheran Church
- Ray Kvamme In Memory of Sandra Hove
- Ray Kvamme Annual Fund In Memory of Vernon Spilde
- Steve Langland Annual Fund In Honor of Dale Putnam
- Steve Langland In Memory of Virginia Sacquitne
- Steve Langland In Memory of Vernon Spilde
- Kristin Propson Activities
- Mildred Ramlo..... In Memory of Mary Ann Madrigal
- Darlene Rosholt..... Annual Fund In Memory of Bob Rosholt, Jerry Rosholt & Norm Rosholt
- Joan Schissel..... Annual Fund In Memory of Urban Hageman & Lee Schissel
- St. John's WELCA Annual Fund
- Thrivent Financial for Lutherans
- Darlene Vine..... Annual Fund In Memory of Vernon H. Vine
- Leland Volden
- Ruth Woldum In Memory of Carlton Kittelson

As a social ministry of the Evangelical Lutheran Church of America, and governed by 23 local Christian congregations, we thank you for your continued prayers and support.

April Activities Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
<p>To watch the Rosary, Or Your church's Youtube worship service On an Ipad in your room, contact your Activities team. Channel 37 "Potpourri" afternoons after the movie or documentary</p>	<p>Outdoor Visits Weather permitting.</p> <p>Small group Activities will be decided After the calendar is Printed, please inquire or Check Whiteboards Daily</p>		<p>Activity Location Key:</p> <p>AR = Activity Room CH = Chapel MDR = Main Dining Room</p>
<p>4 Easter 9:30 a.m. Let's Get Moving! 10:00 a.m. Pr. Hanson's Easter Message/Eagle Cam 2:30 p.m. Protestant Service 3:30 p.m. Catholic Mass</p> 	<p>5 Darlene Strinmoen 9:30 a.m. Let's Get Moving! 10-11 a.m. Watch Easter Egg Hunt! 10:00 Rivers Solarium, 10:15 Assisted Living 10:30 Main Dining Room All times approximate 11:30 a.m. Music Hour 12:30 a.m. Movie</p> 	<p>6 9:30 a.m. Let's Get Moving! 10:00 a.m. Pr. Hanson's Stories/ Eagle Cam 11:30 a.m. Music Hour 12:30 p.m. Movie 6:00 p.m. Visits with Andrea</p>	<p>7 9:30 a.m. Let's Get Moving! 10:15 a.m. Eagle Cam 11:30 a.m. Music Hour 12:30 p.m. Nature Documentary 2:30 p.m. Bingo</p> 
<p>11 Frances Syverson And Richard Quaas 9:30 a.m. Let's Get Moving! 2:30 p.m. Eagle Cam</p>	<p>12 9:30 a.m. Let's Get Moving! 10:00 a.m. Eagle Cam 11:30 Music Hour 12:30 p.m. Movie 6:00 Visits with Andrea</p>	<p>13 9:30 a.m. Let's Get Moving! 10:00 a.m. Pr. Hanson's Stories/Eagle Cam 11:30 a.m. Music Hour 12:30 p.m. Documentary 1:30 p.m. Resident Council</p>	<p>14 9:30 a.m. Let's Get Moving! 10:15 a.m. Eagle Cam 11:30 a.m. Music Hour 12:30 p.m. Nature Documentary 2:30 p.m. Bingo</p>
<p>18 9:30 a.m. Let's Get Moving! 2:30 p.m. Eagle Cam</p>	<p>19 9:30 a.m. Let's Get Moving! 10:00 a.m. Eagle Cam 11:30 a.m. Music Hour 12:30 p.m. Movie</p> 	<p>20 9:30 a.m. Let's Get Moving! 10:00 a.m. Pastor Hanson's Stories/ Eagle Cam 11:30 a.m. Music Hour 12:30 p.m. Movie 6:00 p.m. Visits with Andrea</p>	<p>21 9:30 a.m. Let's Get Moving! 10:15 a.m. Eagle Cam 11:30 a.m. Music Hour 12:30 p.m. Nature Documentary 2:30 p.m. April Social</p>
<p>25 9:30 a.m. Let's Get Moving! 2:30 p.m. Eagle Cam</p>	<p>26 9:30 a.m. Let's Get Moving! 10:00 a.m. Eagle Cam 11:30 a.m. Music Hour 12:30 p.m. Movie</p>	<p>27 9:30 a.m. Let's Get Moving! 10:00 a.m. Pastor Hanson's Stories /Eagle Cam 11:30 a.m. Music Hour 12:30 p.m. Movie 6:00 p.m. Visits with Andrea</p>	<p>28 9:30 a.m. Let's Get Moving! 10:00 a.m. Eagle Cam 11:30 a.m. Music Hour 12:30 p.m. Movie 2:30 p.m. Bingo</p>

Schedule a one to one visits, outdoor visits, indoor visits, compassionate visits, window visits and video calls throughout the day with your Activities Team members Andrea, Christina, Isabel or Liz 563-382-3603.

ACTIVITIES ARE SUBJECT TO CHANGE, ALL PROGRAMMING ON IN-HOUSE TV CHANNEL 37

April Activities Calendar

APRIL STAFF BIRTHDAYS: 2nd - Kurt Anfinson, 9th – Linda Solem, 11th – Belle Olsgard, 13th – Paulette Headington, 15th – Rose Beardmore, 21st – Mercedes Christopher, Brayden Einck, 22nd – Kristina Bodenstiener, 29th – Karen Berg, Tina Onsager and Sandra Pottebaum

THURSDAY	FRIDAY	SATURDAY
<p>1 April Fool's Day 9:30 a.m. Let's Get Moving!</p> 	<p>2 Good Friday 9:30 a.m. Let's Get Moving! 10:00 a.m. Pr. Hanson's Good Friday Message</p> 	<p>3 9:30 a.m. Let's Get Moving! 10:00 a.m. Eagle Cam 11:30 a.m. Music Hour 12:30 p.m. Movie</p>
<p>8 9:30 a.m. Let's Get Moving! 10:00 a.m. Eagle Cam 11:30 p.m. Music Hour 12:30 p.m. Movie</p> 	<p>9 9:30 a.m. Let's Get Moving! 10:00 a.m. Current Events/ Eagle Cam 11:30 p.m. Music Hour 12:30 p.m. Nature Documentary</p> 	<p>10 9:30 a.m. Let's Get Moving! 10:00 a.m. Eagle Cam 11:30 a.m. Music Hour 12:30 p.m. Movie</p>
<p>15 9:30 a.m. Let's Get Moving! 10:00 a.m. Eagle Cam 11:30 p.m. Music Hour 12:30 p.m. Movie</p> 	<p>16 9:30 a.m. Let's Get Moving! 10:00 a.m. Current Events/ Eagle Cam 11:30 p.m. Music Hour 12:30 p.m. Nature Documentary</p>	<p>17 Susan Honzik 9:30 a.m. Let's Get Moving! 10:00 a.m. Eagle Cam 11:30 a.m. Music Hour 12:30 p.m. Movie</p>
<p>22 Earth Day 9:30 a.m. Let's Get Moving! 10:00 a.m. Eagle Cam 11:30 p.m. Music Hour 12:30 p.m. Movie</p>	<p>23 9:30 a.m. Let's Get Moving! 10:00 a.m. Current Events/ Eagle Cam 12:30 p.m. Music Hour 1:30 p.m. Nature Documentary</p>	<p>24 9:30 a.m. Let's Get Moving! 10:00 a.m. Eagle Cam 11:30 a.m. Music Hour 12:30 p.m. Movie</p>
<p>29 9:30 a.m. Let's Get Moving! 10:00 a.m. Eagle Cam 11:30 p.m. Music Hour 12:30 p.m. Movie</p> 	<p>30 9:30 a.m. Let's Get Moving! 10:00 a.m. Current Events/ Eagle Cam 12:30 p.m. Music Hour 1:30 p.m. Nature Documentary</p> 	



We're looking for volunteers to join our team!

Do you have a couple hours a week to spare to help make beds, pass water, coordinate visits? We'd love to talk with you about how you can help make a difference at Aase Haugen. Call us today! 563-382-3603