



HERALD

Providing senior living options for everyone



Cheers to Summer!

We celebrated with Grasshoppers and Happy Hour! Cheers to each other and to enjoying the dog days of summer!



- Nabotunet - Luxury 50+ Premiere Neighborhood
- Vennehjem - 55+ Exclusive Living Community
- Assisted Living
- Respite Care
- Dementia Care
- Skilled Care/Rehabilitation
- Long-term Nursing Care

www.aasehaugen.com • (563)382-3603
 Business Office Hours: 8am to 4:30pm M-F

Senior Spotlight

Judy Schneekloth

Judy grew up in the quaint little town of Mabel, Minnesota, with her grandmother, older sister and other close relatives. She's lived in several different parts of the United States and traveled abroad during her lifetime, "I did a lot of traveling and that's what I loved the most," she says. "I've been lucky to go to Alaska three times and even won a trip to London!" Judy said she drove to Alaska, but, "I didn't drive in the mountains," she commented with a laugh. "They are just so huge!"

She says she stayed in Minnesota until her four sons were grown and gone. "Three of my children have passed away, but my oldest son had five children and my youngest had two, so I have seven wonderful grandchildren and I'm so proud of them all. They make my life interesting," she said with a sparkle in her eye.

In addition to traveling for pleasure, Judy's career as an in-home health care provider has moved her to places such as Rochester, MN, Tennessee, Arizona, Duluth and Door County, Wisconsin.

Judy joined the Aase Haugen family in June of this year. "I like it here," she says. "Everyone is helpful and kind and it is so good to get healthy meals and assistance with my medication." Speaking of food,

she says her favorite foods are potatoes and shrimp and she loves roses - specially yellow ones. "My grandmother had a green thumb and she had the best gardens, but I was always too busy to try to grow them!"

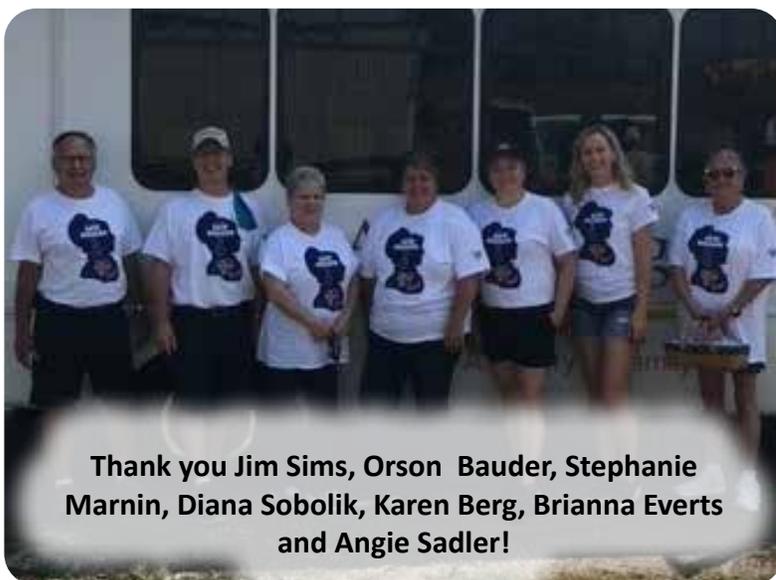
Judy says she's looking forward to seeing the new nursing home. "I don't know how long it will take but it will be nice." When asked to share 'words of wisdom' she said, "Just enjoy every day and that's what I have always done. We don't know how long we'll be here so we need to just enjoy every day."

Thank you for your positive attitude and friendship, Judy! We're so happy you are part of our Aase Haugen family!



We enjoyed the Winneshiek County Fair and Nordic Fest!

A special thank you to our board members, volunteers and staff who gave their time to host the fair booth and walk in the Nordic Fest parade!



Thank you Jim Sims, Orson Bauder, Stephanie Marnin, Diana Sobolik, Karen Berg, Brianna Everts and Angie Sadler!



Brianna Everts and Dori Franna at the fair!

A message from the Administrator

Dear Residents, Families, Friends and Staff,

August is here and soon the kids will be back at school. Parents everywhere seem to be a little happier, except for the cost involved in preparing them to go back to school. Even that doesn't seem so bad when dealing with kids that say they are bored. Well, hang in their mom, summer is almost over. To me, I thought our summer went very fast. My hope is that we will be able to send kids back to school without a COVID outbreak. Remember to slow down when driving and watch for children around the school buses.

I would like to address the issue of vaccinations at Aase Haugen. First, I would like to point out that in our most recent brush with COVID we had two staff members that live together who were detected early due to our testing. Because of our caution and good infection control practices, no residents or other staff turned up positive. 100% of our tenants in our Assisted Living are vaccinated and 99% of our residents in the nursing facility are vaccinated.

Second, we have one of the highest rates of staff vaccination of nursing facilities in the area at 85%. Those few that are left are those who want to start a family. Even though science tells us that should not affect anything, that is a reason that is given. Then there are those whose doctor tells them they should not be vaccinated because of a compromised immune system, or something to that effect. There may be a few staff that do not do so because of their religion. Then there are those few that would not get the vaccine no matter what.

What I am trying to get at is that 85% feels like nearly all who will get the vaccination have done so. This percentage is better than what the President wanted for our country while our state on the other hand is still less than 50% vaccinated. We continue to teach at each staff meeting about the need to get vaccinated because of our compromised population. We are doing the best we can with no other backing at this point.

COVID has not gone away, nor will it. We will be dealing with COVID this year, next year, and years to come because we cannot get enough people vaccinated—not just in the United States but the world.

The chances are much greater for other variants than for COVID to go away. I realize we all had great hope this spring, but it took years to stop polio and smallpox and it will take years to do the same with COVID. Unfortunately, these two positive cases stopped us from having inside visits, but it also stopped our new

podiatrist from coming to our facility as well. We are rescheduling his visit as we speak.

We will resume our full program of reopening the facility to all families and friends though our regularly scheduled visits as soon as we possibly can. Please contact our Activities Department for a visit. We again want to accommodate everyone with their regularly scheduled visits and time to fit your schedule. If you do not feel well, please postpone your visit for another time.

I do not know if you have seen all the flowers in our courtyard, or in the Assisted Living courtyard, or in the pots in front of our building, but we have been blessed with a wonderful and bountiful array of flowers truly worth looking at. I want to say thank you to Walter McIntosh, one of residents, who has done a wonderful job with the courtyard and the pots out front along with our Activities Department. In the Assisted Living we have Michelle Mann and Brandon Wieskamp that have done a great job as well. What a treasure. Thank you all.

As always, we hope everything is going well for all our residents. Our staff works hard to ensure all our residents are well care for, comfortable and as happy as possible. We cannot fix something if we do not know about it. Once we know about the concern, we will address it immediately and make every effort to correct it. Thank you for your continued confidence in Aase Haugen. If you are satisfied with our service, please tell a friend.

Drive safely as school begins.

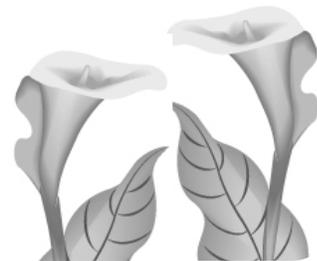
Sincerely,

Orson Bauder
Administrator



Orson Bauder
Aase Haugen Senior
Services Administrator

Our deepest sympathy to the family and friends of Amy Rue, Charles Machin, and Doyle Heyveld who recently passed away. who



Staff Spotlight

Rose Beardmore, Business Office Manager

Rose earned a business degree from NICC and began her career as an Office Manager working for Makee Manor in Waukon. After losing county and state funding, Makee Manor was forced to close, requiring Rose to look for another job and that's when she joined Aase Haugen. For more than 8 years we have benefited from her leadership and organization.

"There's a bunch of good co-workers here and we're all on the same team and mindful of helping each other out," she says. "Last year threw us out of our routine but we survived as a working family, even when the chaos of government regulation and loss had us struggling." Rose encourages youth to get an education in healthcare. "There's a high need for health care workers in every state and every city," she says. "Youth today who get a degree in healthcare, whether it be business or clinical, can earn a good income and be able to serve the community in a wonderful profession."

She grew up north of Decorah on a farm that is now Luna Valley Farms. "We often wonder what dad would think of the family farm turned into a pizza ranch," she says with a smile. Rose is married to Kenny and they have and a daughter in-law, Stephanie, and two grandchildren, Taylor (8) and Chase(13).

"We enjoy spending our free time taking in all the activities our grandchildren are doing," says Rose. In

addition to family activities, she does the accounting for Viking Pest Control (her husband's business), they enjoy being outdoors, gardening and participating in Allamakee Antique Club classic car cruises.

Rose believes the new building for Aase Haugen will make life more enjoyable for the residents and will make work more efficient for staff. "Our board of directors is wonderful," she says. "I'm impressed in how they lead us toward our goal to have a new building and how they consistently demonstrate appreciation and support our hard-working staff."

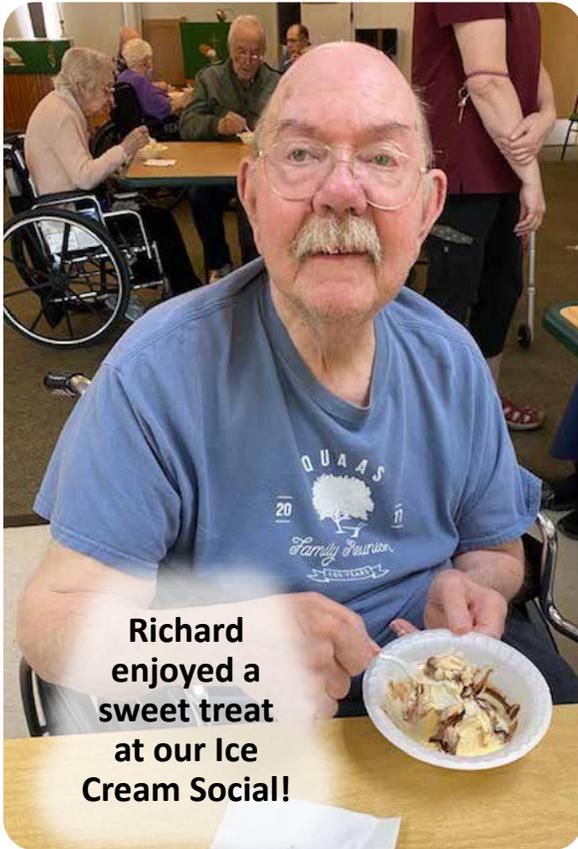
Thank you for your dedication, Rose, we're proud you're part of the Aase family!



That's entertainment!

We enjoyed great entertainment recently from the talented Steve Belay on guitar (pictured at left.) Below Joe Beck joined Activities Director, Andrea Hexom, teaching Line Art and Blind Line Art drawings with residents.





Richard enjoyed a sweet treat at our Ice Cream Social!



Given May 26 through June 30, 2021

- Vi Bohr In memory of Phyllis Marouchek
- Jodee Kratz In memory of Amy Rue
- Cathy Decker In memory of Amy Rue
- Vi Bohr In memory of Keith Lawrence
- Lou Ann Meyer In memory of Amy Rue
- Patricia Kratz..... In memory of Amy Rue
- Henrietta Jane Kemp . In memory of Amy Rue
- Jean Dickman In memory of Amy Rue
- John Dahle In memory of Amy Rue

As a social ministry of the Evangelical Lutheran Church of America, and governed by 23 local Christian congregations, we thank you for your continued prayers and support.

Please keep us in your thoughts and prayers.

A bequest to Aase Haugen Senior Services takes very little time to establish, but can mean a lifetime of comfort and compassion for those in need of our services.

Thank you for your caring and support.

Pandemic Visiting Rules

Aase Haugen allows visits in compliance with state and federal regulations.

- Family and friends are encouraged to contact Aase Haugen Activities Department to arrange any visit or outing. Contact andrea.hexom@asehaugen.com or 563-382-3603.
- Family members may visit in resident rooms if requested, but we have to limit the number of family visits in the building at one time. If you are not feeling well or if you have any symptoms, please contact us to cancel and reschedule.
- Masks still need to be worn in the halls at all times and unvaccinated visitors must wear a mask at all times.
- All visitors will continue to be scanned in and out.
- No wandering in hallways is allowed. If you need something, please use the call light to get assistance.

Floral deliveries and the delivery of items such as food from certified kitchen and clothing dropped off by families are welcome. Thank you for your continued confidence in Aase Haugen.

August Activities Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
1 9:30 a.m. Let's Get Moving! 2:00 p.m. First Luth. Service on Channel 37 3:00 p.m. Holy Mass On Channel 37	2 Marie Blong 9:30 a.m. Let's Get Moving! 10:15 a.m. Courtyard Visits 2:30 p.m. Corn Hole 3:30 p.m. Decorah Lutheran Service	3 9:30 a.m. Let's Get Moving! 10:15 a.m. Pr. Hanson 2:30 p.m. BINGO 3:00 p.m. Documentary 5:30 p.m. Crossword Puzzle	4 9:30 a.m. Let's Get Moving! 10:30 a.m. Communion: First Lutheran 2:30 p.m. Aase Haugen Summer Olympics 5:30 p.m. Bible Study with Angie
8 9:30 a.m. Let's Get Moving! 2:00 p.m. First Luth. Service on Channel 37 2:30 p.m. Get Crafty 3:00 p.m. Holy Mass On Channel 37	9 9:30 a.m. Let's Get Moving! 10:15 a.m. Courtyard Visits 2:30 p.m. Balloon Volleyball 3:30 p.m. Decorah Lutheran Service 5:30 p.m. Music with Steve Belay	10 9:30 a.m. Let's Get Moving! 10:15 a.m. Pr. Hanson 12:30 p.m. Resident Council 2:30 p.m. BINGO 3:00 p.m. Your Favorite Songs 5:30 p.m. Crossword Puzzle	11 Bruce Adair 9:30 a.m. Let's Get Moving! 10:30 a.m. Communion: Good Shepherd 2:30 p.m. Get Crafty 5:30 p.m. Bible Study With Angie
15 9:30 a.m. Let's Get Moving! 2:00 p.m. First Luth. Service on Channel 37 2:30 p.m. Bible Stories 3:00 p.m. Holy Mass On Channel 37	16 Tell a Joke Day 9:30 a.m. Let's Get Moving! 10:15 a.m. Outdoor Visits And Jokes 2:30 p.m. Corn Hole 3:30 p.m. Decorah Lutheran Service	17 9:30 a.m. Let's Get Moving! 10:15 a.m. Pr. Hanson 2:30 p.m. BINGO St. John's Catholic 3:00 p.m. Nature Documentary 5:30 p.m. Crossword Puzzle	18 9:30 a.m. Let's Get Moving! 10:30 a.m. Communion: Calmar Lutheran 2:30 p.m. Summer Social 5:30 p.m. Bible Study With Angie
22 9:30 a.m. Let's Get Moving! 2:00 p.m. First Luth. Service on Channel 37 3:00 p.m. Holy Mass On Ch. 37	23 9:30 a.m. Let's Get Moving! 10:15 a.m. Courtyard Visits 2:30 p.m. Balloon Volleyball 3:30 p.m. Decorah Lutheran Service	24 9:30 a.m. Let's Get Moving! 10:15 a.m. Pr. Hanson 2:30 p.m. BINGO 3:15 p.m. Your Favorite Songs 5:30 p.m. Crossword Puzzle	25 9:30 a.m. Let's Get Moving! 10:15 a.m. Courtyard Visits 3:00 p.m. Communion Washington Prairie 5:30 p.m. Bible Study With Angie
29 9:30 a.m. Let's Get Moving! 2:00 p.m. First Luth. Service on Channel 37 3:00 p.m. Holy Mass On Ch. 37	30 9:30 a.m. Let's Get Moving! 10:15 a.m. Courtyard Visits 2:30 p.m. Balloon Volleyball 3:30 p.m. Decorah Lutheran Service	31 Betty Jean Nelson 9:30 a.m. Let's Get Moving! 10:15 a.m. Pr. Hanson 2:30 p.m. BINGO 3:00 p.m. Larry Reis – NE Iowa Butterflies 5:30 p.m. Brain Games	<i>July Staff Birthdays:</i> 1st – Kayla Schwade, 5th Elise Miller and Tina Suckow, 6th Pamela Dehning, 8th – Alycia Burdick, 10th – Mary Capouch, 16th – Daniel Franzen, 17th – Andrea Hexom, 21st – Peggy Fry, 31st – Kari Ling

All group activities take place in the Chapel unless otherwise noted. All Activities are Subject to Change, Check Whiteboards Daily. Alternate indoor activity if Courtyard Visits are not possible. Trivia, music, reminiscing and games during Courtyard Visits. Gather in the chapel and watch nature or music videos one half hour before noon meal.

August Activities Calendar

THURSDAY	FRIDAY	SATURDAY
5 9:30 a.m. Let's Get Moving! 10:15 a.m. Pr. Hanson 1:30 p.m. Courtyard Visits 3:00 p.m. The Rosary And Communion w/Patty 5:30 p.m. Current Events	6 9:30 a.m. Let's Get Moving! 10:15 a.m. Courtyard Visits 2:30 p.m. Music with Jon Thompson	7 9:30 a.m. Let's Get Moving! 10:15 a.m. Courtyard Visits 2:30 p.m. Movie
12 9:30 a.m. Let's Get Moving! 10:15 a.m. Pr. Hanson 3:00 p.m. The Rosary 5:30 p.m. Current Events	13 9:30 a.m. Let's Get Moving! 10:15 a.m. Music with Curt and Linda 3:00 p.m. All about Left Handers	14 9:30 a.m. Let's Get Moving! 10:15 Courtyard Visits 2:30 p.m. Movie
19 Beverly Nelson 9:30 a.m. Let's Get Moving! 10:15 a.m. Pr. Hanson 3:00 p.m. Mass with Fr. Gross 5:30 p.m. Current Events	20 Vera Northup 9:30 a.m. Let's Get Moving! 10:15 a.m. Courtyard Visits 2:00 p.m. Courtyard Visits	21 9:30 a.m. Let's Get Moving! 2:30 p.m. Movie
26 9:30 a.m. Let's Get Moving! 10:15 a.m. Pr. Hanson 3:00 p.m. The Rosary And Communion With Patty Frana 5:30 p.m. Current Events	27 9:30 a.m. Let's Get Moving! 10:15 a.m. Courtyard Visits 2:00 p.m. Courtyard Visits	28 9:30 a.m. Let's Get Moving! 2:30 p.m. Movie

Story telling is good for your health, and he's a master!

Pastor Simon Hanson and Aase activities director, Andrea Hexom, have a long-standing relationship. For years, Pastor has donated his time to Aase Haugen Senior Services to minister to the health and well-being of our residents. He is a master storyteller and his talks are more than interesting, they are beneficial to the our health. Research has found health benefits from storytelling include; mental stimulation, improved memory, positive social connections, and increased activity among older adults in residential and adult day settings(Sierpina & Cole, 2004). We have much gratitude for the team of Andrea and Pastor Simon Hanson -they are making a difference in our lives.

Pictured in the photo at right are Andrea Hexom, Aase Haugen activities director, and master story teller and Aase Haugen volunteer, Pastor Richard Simon Hanson.

